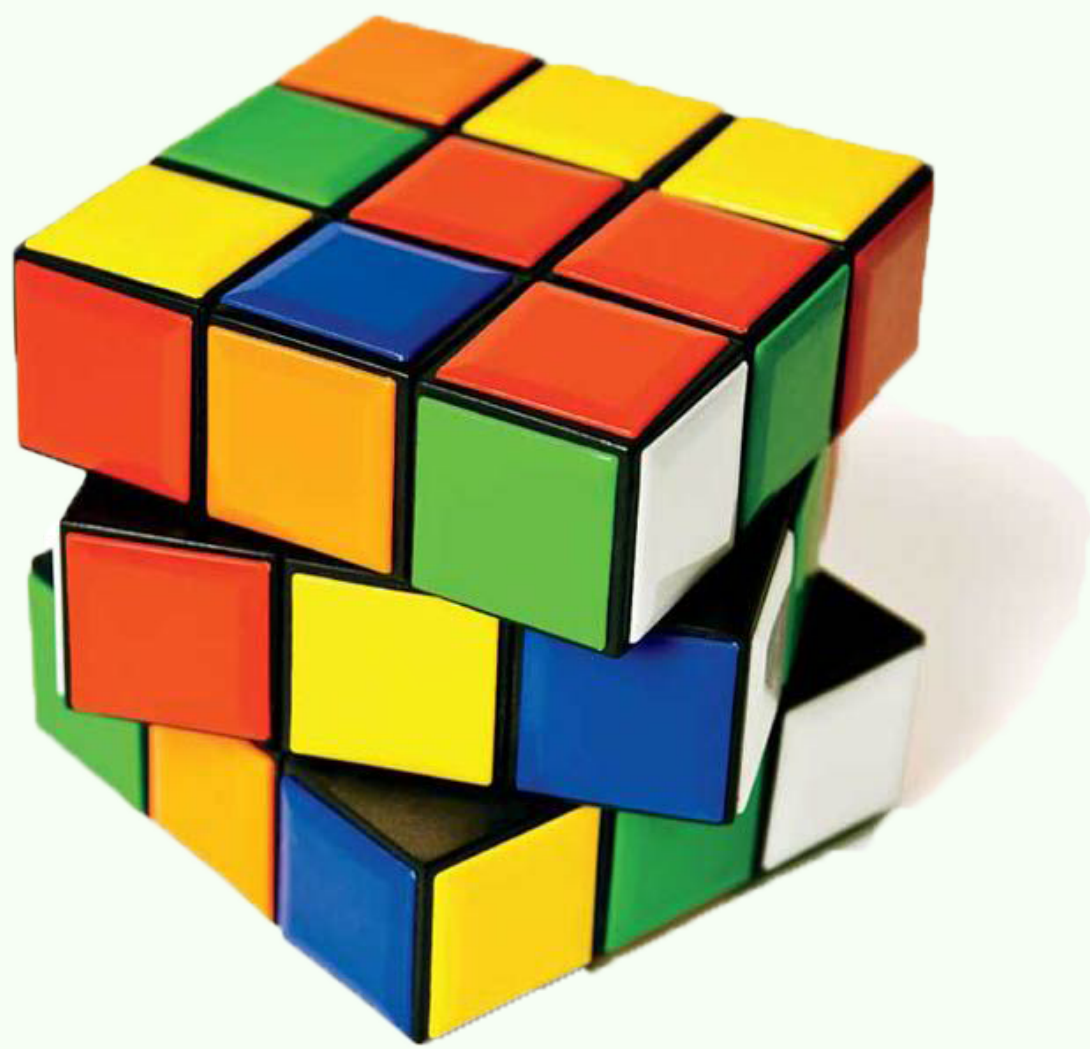

GROW YOURSELF OUT OF THE PAST FEARS & DOUBTS
AND CREATE A LIFE OF PURPOSE AND FULFILLMENT

REINVENT YOURSELF



YAMEENUDDIN AHMED

Reinvent yourself, live a vision oriented and purpose driven life

By Yameenuddin Ahmed

About Me -----

“Whenever you find yourself on the side of the majority, it’s time to pause and reflect.” -Mark Twain

My name is Yameenuddin Ahmed. I’m 42, live in Karachi, Pakistan and the above Mark Twain quote sums up my lifelong learning very well. Mark Twain said it around a century ago. But what Quran has been saying about majority for last 1400+ years is eye-opening.

When asked about the underlying reason of an act or attitude, many people answer "Because the majority (everyone) does so." However, Allah (swt) informs us that obeying the majority is misleading in most cases:

If you obeyed most of those on earth, they would misguide you from Allah's Way. They follow nothing but conjecture. They are only guessing. (Surah al-An'am: 116)

In another verse, Allah (swt) states that most people will not believe:

But most people, for all your eagerness, are not believers. (Surah Yousuf: 103)

In Surah Al-Ma'idah, Allah (swt) mentioned the abundance of "evil" and called people of intelligence to avoid it.

Say: 'Evil and good are not the same, even though the abundance of evil may seem attractive to you.' Have fear of Allah, people of intelligence, so that hopefully you will be successful. (Surah al-Ma'idah: 100)

Consequently, what the majority does, believes in or advocates can never be a reliable source or reference. People tend to follow the majority under the influence of the "herd instinct". However, believers who act in accordance with this divine secret Allah (swt) gives in the Quran do not follow the majority, but only observe Allah's commands and

the way He has chosen for them. Even if they are alone, they never harbor doubts about their beliefs and the path they follow.

When I observe the world around me, I find it correct most of the times. This is the reason why I try to stay on the side of the minority as much as possible because generally it's out on the limbs where all the fruit is. There is so much available that few people pursue because they think it's not possible. I prefer to test that theory out instead of take it for granted. I hope after spending some time with me, you'll come along for the journey.

I am a personal development trainer, life coach, counselor, consultant, avid reader, student of life, an ummati of Prophet Muhammad (sas) and most importantly a slave of Allah (swt).

I am also a writer, speaker, life-hacker and a futurist. I am passionately involved with personal improvement and am committed to enabling people to discover their own path to personal, family, spiritual and professional success, through learning and doing something serious about it!

I've been working professionally for over 24 years and experimented number of things including jobs, business, teaching, coaching etc. I have been working at Timelenders as a trainer, coach, counselor and consultant for last 13+ years, met thousands of amazing people, found knowledgeable and sincere mentors and learnt the true meaning of life. I have been doing my best to keep the human spirit alive with my work and my day to day interactions with life.

I usually share my views with people who come to our training and coaching sessions. I am constantly being asked to talk to friends especially when someone is considering a more purposeful life shift. It lights a fire inside me like nothing else.

One of my core beliefs is that if you are doing what you you're actually meant to do in this world and adding value to the society you live in, the world will be a better place to live and you will be rewarded in this world and hereafter, for sure. I'm in no rush.

For now, my time and my mind are mine. No more renting them out to others. It's been a great ride alhumdulillah.

I look forward to continue sharing and learning with you. Thanks for joining me. I have a feeling that if you also believe that this life is the most precious gift that Allah (swt) has given to you and it should be lead meaningfully, then we're on the same page and I'd love to help you lead it in the most meaningful way possible.

I pray to Allah (swt) to accept your intentions, sincere efforts and hard work to lead a vision oriented and a purpose driven life. Aameen.

Yameenuddin Ahmed

Karachi, Pakistan.

23rd October 2016

Welcome Note -----

“A meaningful life is one that is lived through understanding and pursuing one's ultimate purpose, and not chasing after the purposes others push you to pursue.”

You would agree, most people are leading lives on default, with predictable and habitual lifestyles that they never consciously chose, typical 9-5, seeking other's consent for who should they be, and how to live life, sustaining other's visions, building on others dreams. And then getting caught up in today's demands, every next idea in the market, current trends, following the popular ideas around, which ensures success in this world and so on, you know what I mean ... So where is the “Real You” in this hubbub of life?

If you have picked this e-book that means you do think about what we diagnosed above. And if so, I want to congratulate you because nothing improves or becomes better without awareness.

So now you know why I am talking about “Reinventing Yourself”. Because, we owe it to ourselves to live authentic lives (which I define as Vision Oriented & Purpose Driven Life, we talk about that below). While working with thousands of people in more than 3 continents and consulting with 100s of organizations, I have come to this astounding realization! And the realization is about the forces that hold us back from becoming truly great and authentic in life.

These forces are classified as into two major categories:

- i) Social Forces
- ii) Personal Forces

Social Forces include the way you were brought up, your family background, schooling, your peers, your environment (the ideas and ideals of life you were exposed to in your childhood), spouse, nature of work you earned your livelihood from, the media influence (movies, dramas, talk shows, books, news outlets, celebrities) you followed, your societal norms and lifestyle.

Personal Forces include your dream of who you wanted to be as a child (there is a lot of research on the fact that all you wanted to be at the age around 14 years is truly your passion, deep down), role models you looked up to, your personal values, your world view about life, your purpose on daily basis, your mentors, your beliefs and convictions, life experiences, deep fears, and the meaning we give to failure.

Now these two different forces try to outmaneuver or defeat each other. Now there is no good and bad in these forces, until they meet the basic ideological criterion (which is the foundation of life, something very essential which most people need help with in the course of our training and coaching programs). So, if any of these forces and the elements which make up them is not up to the ideological standards there will be immediate imbalance. Other thing that causes imbalance is if any of the forces or their elements are not taking us forward in our vision in life (something you will develop at a higher level completing this e-book).

What keeps us aligned with our ideals and true selves is the balance between these forces i.e. when they add value in our lives to take us towards our life visions and goals.

For a lot of us we do not know how to juggle with these forces, and what ends up happening is that we lose control and allow the forces to hijack our real identities. Be it, family pressure, work nature, spouse behavior, financial situation, law and order in country etc. That is when you hear people saying, I am not successful because of him or her, or government or my job, my boss etc.

When we struggle in life two things may happen: 1) We lose contact with our true identities 2) We start blaming others for our failures.

Just to give you an example, if you want to be a Millionaire who wants to help build Shariah Compliant Brands in different parts of the world to contribute in the uplift of the Ummah and to serve the humanity at large, you need your education, family, peers, lifestyle, Islamic education -- all the elements to serve you to reach that vision. If any of the forces is against you, it will tilt you in other direction just like a small weight on the wing of a fighter jet can change its course by miles.

When the balance is disturbed you may fall into following situations:

1. You have been thinking about the meaning of life and how to make your life more fulfilling
2. You have gone through a crisis at home and are deeply concerned about how your family future will be
3. You are an entrepreneur or a business person who is unable to achieve harmony between his work and family life

4. You are an ambitious person who is looking of ways to succeed in life without compromising his Islamic Identity
5. You are a parent who is worried about the negative impact of media and other harmful ideas which are prevalent today but want to raise visionary children
6. You are a person who has been successful in the worldly sense yet feels that something is missing and worried about how to add meaning in life

So as soon as above and similar situations starts to happen or appear in our lives most of the people start suffering from what I call, the OUTBOX mentality. They become defensive and start to look for reasons outside of themselves for the failures, remorse, sadness, low profits, no promotions, misbehaving children, uncooperative spouses etc. What they do not realize is that the Two Forces at work are out of balance and the elements have titled them off course.

Once we go off balance and fail to control the forces we go into a “Whatever Mode”, where we let things be, that is when we go into default, in efficient rat race cycles, that is when depression and anxiety kicks in.

In the survey, we recently conducted with over 300 participants we have found out the number one underlying reason we go into the “Whatever Mode”, is **PROCRASTINATION**. Which simply means you are not motivated to change your life situation, turnaround your business, address anxiety at home, deal with pain at any level. But the irony is many people are not ready to accept this fact.

But those who do actually end up doing something about their life and turn it around for the better. Do you think Prophet Muhammad (sas) waited for someone else to carry the message of Islam? Do you think Umar Bin Khattab (r.a) waited and complained about his enemies for making troubles for his plans? Do you think Nelson Mandela waited for others to do something about his people? There are countless stories of how visionary people knew and recognized their self-worth and took complete responsibility, with no excuses and no complaints.

Similarly think about your situation, will your neighbor come and fix your family life? Will your competitor come to give a boost to your sales? Will your friend add meaning to your life? NO! If there is somebody who can Reinvent Life, it is YOU!

Coming back to balance is a process, and needs vigilant attention, right education, mentoring and accountability to ensure we achieve our goals in life. That is why our Exclusive Family Members and Coaching clients get the results they want once they recognize they are off balance.

We at Timelenders have had a privilege to work with the Top CXOs of multinational companies and regional business and non-business groups managing multi-million dollar enterprises on one end and also have had an honor to work with simple unemployed or self-employed people from small towns and villages, simple home makers, college and university students on the other. All of them are dealing with those two forces at their levels of life, the reason is that our deep-down needs and desires are same, they may vary in intensity but we are humans at the end of the day.

Below I have the exact approach that I use with our paid coaching clients and exclusive family members, to get you started with Reinventing Yourself by dusting off all the fears, pressures, demands, deadlines of unreal identity and to Reinvent Yourself in your true identity that takes you forward towards worthy visions and goals in life.

Chapter 1--- Understand Yourself – What you want out of life?

Have you ever come across someone who knew exactly what they want out of life?

Anything they say, they mean, and will quickly act upon. They seem confident, eager, excited and downright passionate. You can just feel the energy. What impression did that put upon you?

Chances are you might have experienced congruency and the power of visions.

But what does that mean? This was not the same math term we learnt in high school and to be honest, it's a way of life that is difficult to define. The best way is to experience it. But let me give it a try.

The general definition of congruence is: *the quality or state of agreeing, coinciding, or being congruent, identical in form; in agreement or harmony.*

Now apply this to a life approach. **Someone who lives with congruency acts in direct accordance with their visions and purpose.**

They do not let the thoughts of others affect their approach towards life. They take their own unique path paved by their understanding of themselves based on the purpose they derive from the ideology they believe in.

An awesome feeling of inherent trust comes from someone who is congruent or who you feel share the same vision or purpose as yours. It's pretty obvious. Whether you know it or not, congruency is often what attracts you to another person. People want to be around people who are congruent. Customers are happier to buy from salesmen who share the same purpose. People seek friends who believe in the same vision and purpose. People choose life partners who are congruent with their purpose. Sharing of beliefs leads to attraction and connection...something we are all looking for.

It turns out that as humans we naturally want to act in a way that is consistent with our visions in life. The difficulty is we often don't have clarity on what vision do we want to pursue in life. Many of us have not spent the proper time sharpening the saw because we were in such a hurry to cut the tree down. Before you know it many of us are busy cutting with the wrong tools, dull saws or even chopping the wrong tree altogether. As the adage goes, you've got to stand for something or you'll fall for anything. In order to feel genuinely fulfilled, you must live with a very clear vision.

When you develop your life based on a clear vision, some amazing things happen:

- 1. Your confidence goes through the roof.**
- 2. Your energy and desire to make a difference increase dramatically.**
- 3. You feel at peace that your life is coming along with a sense of direction.**
- 4. Decisions become easy to make as you now evaluate every decision in the light of your vision.**
- 5. Things start to fall in the place.**

Once you know what you want out of this life, you start to show it more through your words and actions, which leads you to being around more vision oriented people, which leads to more doors opening in your favor. It's an amazing experience I must say. This will begin to happen both consciously and often subconsciously.

I remember when I went through the exercise of clarifying and establishing my vision many years ago, I started feeling as if I am driving on a highway and there was lot of dust on the windshield of my car, obstructing my view in front of me and I was unable to drive peacefully. But as I started contemplating on my visions, sharing with my spouse and mentors, it was like someone is cleaning the windshield and after the process is done, it was like neat and clean windshield and I am having a clean view in front of me, making driving much easier than before.

Now, we all know that life is like a journey from point A to point B or in more open terms, from our birth to our death. Between these two points, we ought to cover thousands of miles (in the form of years, months, weeks and days).

Like all other journeys, this journey of life also needs to be mapped out in the light of the destination you want to go. That's why there is a quote: **"A life without a vision is like a journey without a destination."**

Chapter 2--- Self Assessment – Where am I today?

“The only thing worse than being blind is having sight but no vision.” – Helen Keller

If the most important thing you need to know before embarking on a journey is your destination, you should think similarly about the most important journey of all; life. When it comes to living, there could hardly be a person who wouldn't want to live meaningfully, fulfilling all of life's roles with excellence.

However, to the contrary, most people and organizations take this critical journey for granted. They live from crisis to crisis, floundering like rudderless ships in turbulent waters, putting their prospects of existence and success at stake. Despite the pressures of real life, the stress of making ends meet, and the struggles to keep pace with a world that refuses to slow down, people continue to have dreams and aspirations. Sadly, many people end up wondering if their dreams would ever move from the realm of fantasy to reality.

In this small chapter, I would like to put forth six simple questions to you about where you're standing today. I would like you to consider truthful answers with complete openness. As 20th US President James A. Garfield said,

“The truth will set you free, but first it will make you miserable.”

The honest answers to the following questions will in'sha'Allah take a direct look at how your life is coming along. The upcoming chapters of this e-book will give you the detailed course of action on how to change your answers, if they're needed to be changed.

1. Do you have a clear vision for yourself, your family, career / business for at least next 25 years?

() Yes

() No

If your answer is yes, please write your next 25 year visions in the space given below:

In next 25 years, I want to see myself...

In next 25 years, I want to see my family...

In next 25 years, I want to see my career / business...

If you feel the above space is not enough, please take blank sheets and write your answers on that. At this point, I don't want to suggest you any specific way of

writing. I want you to express yourself in your own words, in your way. I only want you to write your honest answers.

If you do not have a clear answer to above three aspects, but you just have a blurred idea, please write it at least. And in case, you feel that you haven't thought of these answers before and unable to write anything, just write "I don't know" or "I have never thought of!"

2. Do you look forward to wake up and going to work each morning with a clear sense of purpose and enthusiasm?

()Yes

()No

If your answer is yes, then please write down what is the inspiring purpose behind your work and how you connect it with your day to day routine.

3. As an organizational leader / manager, do you think you inspire your employees / juniors to an extent that they are keen to come to work each morning?

()Yes

()No

4. If you are running an organization, do you have a vision that can sustain itself three generations down the road?

()Yes

()No

If yes, what is the vision that you see for your business three generations down the road...

Please write all what you have in your head.

5. If you're a parent, have you established worthy visions for your children and devised the strategy for them to pursue these visions?

() Yes

() No

If yes, please write your visions for each of your child in below space with their respective names...

1. _____:

2. _____:

3. _____:

4. _____:

If by the blessing of Allah (swt), you have more than 4 children or if the space given above is not enough, please use separate sheets to write your visions.

6. If you were diagnosed with a terminal disease and had only 3 months to live, how would you spend these remaining 3 months?

(a) I will have no change and would still be doing what I'm doing right now

(b) I will have to make changes in my routine, which may include...

If your answer to any of the above questions is “No”, then you need to comprehensively rethink and seriously review your life’s perspective.

Chapter 3--- Self Assessment – What needs to change in my life?

Couple of years ago, I met a very successful CEO in Dubai to finalize a Timelenders training for his group. During the meeting, I assessed that the gentleman was going through multiple stresses including health issues and strained family relationships. These were in addition to managing his multi-million dirham business venture. On the face of it, he appeared quite worry free in his palatial, lavishly decorated office in one of the most expensive locations in Dubai, driving a flashy car, and living in a luxurious apartment. His employees benchmarked their own achievements against his, all are striving to attain similar social and professional stature.

Prior to starting trainings, I always make sure that I and the other party understood the reasons behind it. Similarly, I discussed the challenges this certain CEO's team was facing and the specific issues he wished to address. In my third meeting, it dawned upon me that things were not as terrific as they appeared. The CEO was not only facing financial challenges; his personal relationships were in a quagmire too. Upon enquiring further, it was revealed that the CEO was in the habit of either making spur of the moment decisions based on sheer 'instinct' or to meet the false standards the society is creating, rather than long term strategic visions to guide his personal or professional affairs.

This is not just the story of this CEO, but the story of most of the people around you who are sadly in a rat race to meet the false standards the system has created. The consequence of such an approach is almost predictable i.e. to face a stressed and depressed life, serious work-life imbalances, broken relationships and poor health.

Throughout my training and consulting career, I have met numerous CXOs and corporate professionals with similar challenges. The one thing they all have in common is that none of them admit these serious issues that need to be rectified before it's too late.

I hope that you are not one of them and I pray that you won't be one of them ever in life. Aameen.

If you are reading this book, I am sure you're a person who wants to lead a truly meaningful life. And if I am right, then I would like to share with you a completely novel way of approaching the solution and actually leading such a life. If you start implementing this solution in your life, you will stand out so far ahead of the crowd that your life will be unrecognizable even to yourself.

Do you think that your current lifestyle somehow slowly and gradually taking you to the future as described above in the story of a CEO?

()Yes

()No

If yes, which areas / roles of your life have started getting affected or will have the chances to get affect sooner or later?

If you feel that you need to make certain corrections before it gets too late, what are the changes you want to implement in your life from now...

Chapter 4--- Reinvent your life – From life to a vision oriented life

When asked to write the vision during my workshops, more than 90% of the participants focus on their professional career or financial goals, disregarding the fact that life isn't just about career and wealth. There are other roles that need to be taken care of too.

To convert your life into a vision oriented life, you must go through the following steps:

1. Understand Life in its entirety

The process of self-discovery will never end, and it should begin as early as possible. Sadly, the only thing undergraduate and early education seems to focus on is acquiring skills that may be helpful in earning money. But there is little to no time invested on developing the understanding of life comprehensively as Allah (swt) has designed it. Thus, what we see today is an imbalanced approach towards life where the focus of most people has shifted to one dimension i.e. financial; or earning money or bright professional career and rest of the roles in life are ignored and suffered.

It isn't too surprising for me as every other day I have a new story of purposelessness and imbalance pushing people towards anxiety and depression.

If you are a Muslim and if you believe in the divine guidance, then it is your duty to understand the life in its entirety. The purpose of this writing is to help you understand the same and then helping you become a person leading a meaningful, vision oriented and purpose driven life as Allah (swt) demands from us.

2. List Your Roles in Life

Understanding the design of life as our Creator intended and our place within it is the most important learning of all.

Apart from that, you need to divide all of your roles in two main categories; mandated and elective.

Mandated role is a role that your 'ideology' doesn't permit you to drop under

any conditions. The examples could be the role of father, mother, son, daughter, brother, sister, paternal or maternal uncle/aunt etc.

Elective role is a role that your ‘ideology’ permits you to drop under certain conditions. The examples may include the role of employee, friend, neighbor, teacher, businessman, doctor, member of a club etc.

Clearly categorizing your roles into these two main categories is the first step towards creating a balanced and more rewarding life in’sha’Allah.

Please note that this categorization is based on the ideology you follow.

Merriam-Webster dictionary defines the term ‘ideology’ as ***“the basic belief and fundamental principles of a person or a group.”***

Every person and society is built and operates on some fundamental principles, for example, we as Muslims follow Islam as our ideology, so, if you’re a Muslim and follows Islam as your ideology, you need to think with the Islamic ideological paradigm. However, if you’re not a Muslim and believe in some other faith, segregate your roles per the ideology you follow.

Now, if you clearly understand the above two main categories, then fill the following chart with all your mandated and elective roles that you currently have in your life. Please only list down the active roles and not the roles you had in the past and not the roles you’re intending to take up in future.

Mandated Roles	Elective Roles
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.

--	--

My experience of teaching the balancing of roles framework is that after doing this small exercise, it usually dawns upon people that how many roles they have in their lives, but they never realized in the past that they are living with so many roles and most importantly, every role has some responsibilities attached to it.

If you do this exercise correctly, I am sure you also have a list of 15-20 roles depending upon where you are in your life now. If you're married with children then you must have more roles than an unmarried person, but surely you're leading this life with multiple roles.

3. Envision Each Role Separately

After categorizing your roles, the second step is to identify the vision behind each of your roles. The vision that you associate with each role needs to be comprehensive. Comprehensiveness of your vision means you should envision in three dimensions.

- a. Physical
- b. Intellectual,
- c. Spiritual

Failing to envision them or missing any of these 3 critical perspectives of the vision can put that role in such serious trouble that it cannot be resolved with money. For example, as I discussed earlier, since most people focus on the role that is related to their career or financial development, they miss out on physical, spiritual and intellectual dimensions of their lives. This generally results in poor health and no or very little spiritual development. Every day I see people who are miserable. They are earning money, but are not happy, some with poor health or poor relationships or both.

The same goes with how we develop our children in the roles of father or mother. Most people send their children to school with good intentions of their child is getting good schooling and one day he will be established and at his own (financially), but parents forget that Allah (swt) has not created us and our children to be money making machines. Consequently, we don't envision for their physical, spiritual and intellectual development that will benefit them not only in this world, but in the hereafter, as well.

Having said this, see your answers of Question No. 1 and 5 in Chapter No. 2 of this book. What do you see there? Do the visions you articulated above for yourself and your children have these dimensions properly covered? If yes, it is commendable and I congratulate you on your foresightedness Masha'Allah.

But, if the visions you articulated are not covered with 3 elements of comprehensiveness, then now is a time to sit down and rearticulate the visions for yourself and your children at least. Later, you should replicate the same process for your other roles in'sha'Allah.

4. Articulating your visions

If you're still unable to think and articulate the visions, then let me help you with how to think.

How old you would be and what is your vision for yourself for next 25 years?

Physical: Where do I want to see myself physically and in my health after 25 years (2041)?

Now please envision yourself 25 years down the road and write down what do you want to see. Make your vision little concrete with some markers like weight, pulse, sugar and physical endurance etc.

Intellectual: Where do I want to see myself intellectually after 25 years (2041)?

Knowledge, skills and abilities that you would be acquiring in next 25 years, languages that you envision to learn, think about number of books you envision to read in next 25 years or number of books you would like to write possibly, enhancement of your ideological knowledge, understanding Quran, learning Hadith and Seerah, reading tafaseer etc.

Spiritual: Where do I want to see myself spiritually after 25 years (2041)?

How you would like to see yourself in relationship to Allah (swt), your worship, the habits you would like to develop that can enhance you spiritually, the deeds you would like to do which can uplift you spiritually and take you closer to Allah (swt), the acts and deeds you would like to get rid of for your spiritual development etc.

The same way you need to think about your children and parents and siblings and people who are associated to you through other roles in life.

Once you're able to write at least for next 25 years, then you should break your 25 year visions down to 10 year, 5 year and 1st year visions, which will further lead you to your monthly, weekly and daily goals in the direction of you long term visions.

Chapter 5--- Reinvent your life – The Road less travelled

**I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and
I,
I took the one less traveled by,
And that has made all the
difference.**

(The Road not Taken – Robert Frost)

I hope this e-book has served you in not only recognizing yourself, but in getting practical steps towards reinventing your life. There is nothing I love more than helping others discover the life they are meant to live. I will continue my journey to learn, experiment and share all that I encounter with you all. I welcome you to join me going forward. I am here to help and together I know we'll help each other.

People ask me all the time that if there is any shortcut or get quick visions program you have (just like they have get rich quick schemes!). The answer is no. There is no shortcut to develop a meaningful and vision oriented life. There are four major reasons of why you shouldn't be going for shortcuts to the way of your ultimate success.

1. Taking shortcuts means you are admitting failure upfront
2. Taking shortcuts is your reaction to the fear of people
3. Taking shortcuts conflicts with the design of life Allah (swt) has made
4. Taking shortcuts doesn't take you to where you want to be in life

Look at the lives of great people in the history. None of them worked through shortcuts and those who tried shortcuts have disappeared in the graveyard of history. Look at the life of Prophet Muhammad (sas) and all the Prophets that Allah (swt) sent to the world. They were the chosen people, but they went through all the effort and pain needed for their success. Look at the lives of Sahaba (the companions of Prophet Muhammad (sas)). Did they go for shortcuts?

So, if shortcuts didn't work in the history of mankind, I can guarantee it'll not work in the present and the future because this is against the laws that Allah (swt) created for this world.

Of course, this small e-book cannot cover everything that is required for the ultimate success, but my idea was to give you a push start on moving towards reinventing your life based on clear visions, sound purpose and in alignment with your ideology so that your chances of success will increase in this world and the akhirah as well.

Remember, now is the only time you'll ever have to take a concrete step towards establishing a meaningful life.

You owe it to yourself to know who you really are, what is your ultimate purpose and how to connect every day with your visions. The tick-tick of the clock is the hit of an axe on the tree of life and soon our trees will be chopped off. So, never stop learning and never stop taking actions.

The road less traveled does make all the difference in the end. A journey to worth living visions start with a single step. A path is created by walking. Take your first step and start envisioning your life comprehensively.

I thank you for allowing me to share my learnings with you and listening to me. I hope this would just be the beginning.

Stay blessed,

Yameenuddin Ahmed

P.S. If this e-book has given you food for thought and is helpful for aligning and reinventing your life, then share it with others. Refer them to www.nowreinventyourself.com & www.timelenders.com for our life changing workshops, consulting and coaching programs.

Join us in this movement of helping individual and organizations developing meaningful existences and lives and become a part of struggle to make this world a better place to live.